



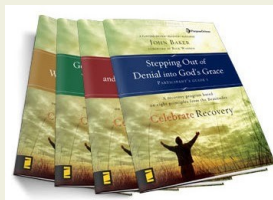
The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time, accepting hardship as the pathway to peace, taking as Jesus did, this sinful world as it is, not as I would have it, trusting that You will make all things right if I surrender to Your will, so that I may be reasonably happy in this life and supremely happy with You forever in the next. Amen.

~Reinhold Niebuhr

Bulimia Family Addictions Anorexia Anger Shame Sex
Gambling Addictions Codependency Abuse Dysfunction Workaholics
Hurt Pornography Drugs Guilt
Alcohol

Register for an in-depth
Step Study group.



Celebrate Recovery Simcoe & Area

Contacts:

John—519-410-3020

Mary—519-443-8870

Websites:

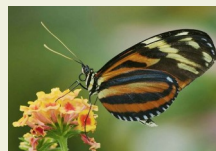
www.celebraterecovery.ca

www.homerunthemovie.com

www.churchoutserving.org

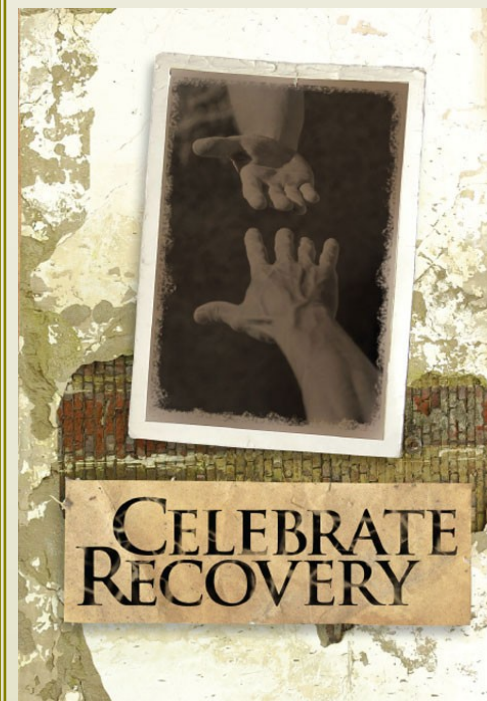


Celebrate Recovery
Simcoe
is a ministry partner of
Church Out Serving



What the caterpillar calls the end of the
world, the Master calls a butterfly.

~Richard Bach



What in your life
is out of control? ...

What is the secret that
nobody knows? ...

Do you struggle to be
yourself? ...

How do you handle stress? ...

Do you feel optimistic
about your life? ...

Turn your
struggle and despair
into victory and freedom.



We meet every week
of the year on

Tuesdays at 7pm

at

**Evergreen
Heights Church**

corner of Oak / Evergreen Hill
(beside Holy Trinity High School)
Simcoe

7:00-8:00pm

Large Group Session

lesson, testimony or guest speaker

8:00-8:45pm

Small Group Session

men's and women's issue specific
confidential support groups

8:45pm

Solid Rock Café

optional refreshments & social

Celebrate Recovery

Since Celebrate Recovery began in 2001, over 500,000 people have benefited from the Celebrate Recovery program. There are over 20,000 programs worldwide, and 75 of these are in Canada. We are pleased to invite you to our local community CR, offered to folks in the Simcoe and surrounding area.

Celebrate Recovery is a 12-step recovery program and resource centre, based on Biblical principles, that helps people rise above hurts, habits, and hang-ups in their lives.

What are hurts, habits and hang-ups?

The feeling of being **HURT** is an emotional reaction to another person's behaviour or to a disturbing situation such as abuse, abandonment, codependency, divorce, relationship issue, etc.

A **HABIT** is an addiction to someone or something. Examples include alcohol, drugs, food, gambling, sex, shopping, pornography, smoking, to name a few.

HANG-UPS are negative mental attitudes that people use to cope with adversity. Some examples include: anger, anxiety, discouragement, fear, guilt and unforgiveness.

Through teachings, testimonies and sharing together, we learn about, apply and celebrate God's healing power, turning struggle and despair into victory and freedom.

Celebrate Recovery is a safe place, where honesty is encouraged, confidentiality is practiced, and respect is given to everyone. It's a great opportunity to connect with others for healthy support and to discover change you never thought possible.



The road to **recovery** is only **one step** away.
Are you ready?